

# **THEORY OF KNOWLEDGE**

## **JOURNAL**



Welcome to an adventure in learning. I hope that you will enjoy TOK in helping you grow as a lifelong learner. During the course you will be asked to keep a journal in order to process and *reflect* on what you have been learning.

Remember the central question in TOK is; ***HOW DO WE KNOW WHAT WE KNOW?***

**What do I reflect on?**

- In the journal you will reflect on what you have learnt not only in your TOK classes, but all your other classes and in your own readings
- When writing your reflections you need to make as many *links* as possible to the **TOK thinking skills** included
- I will also ask you throughout the course to reflect on particular knowledge questions.



## **TOK THINKING SKILLS**

When reflecting on an article, documentary, discussion or lesson; I would like you to try and **identify at least four of** the following:

1. **Identify the Knowledge Claim/s?**
2. What are some arguments or **counter- claims** which can be made?
3. **Knowledge questions** – are there questions and issues that arise from the knowledge claim/s that can be further explored?
4. What **Ways of Knowing (WOK)** are used or referred to?
5. What **Areas of Knowledge (AOK)** are discussed?
6. What **personal experiences** do you have that relate to this issue or knowledge claim?
7. What **cultural influences are present?**
8. Are there **examples** presented? If so, are these supported by **solid evidence?**
9. What are the **overall implications** for discussing this knowledge claim?

